



NEWS

Summer 2024

Thank you for your Support!



Our spring fundraising efforts were very successful! We must thank everyone who donated prizes, sponsored events, volunteered their time, supported our efforts and attended our events; Taste for Hospice, The Ultimate Spring and Garden Basket Raffle, and our 15th Annual Hike for Hospice.

Together these events raised over \$23,000 to support our many programs including In-Home visiting, Day Hospice, Medical Equipment Lending, Grief Programs,

Caregiver Support, and Education. While we would love to list all our supporters, there are too many! We acknowledge that we need each and everyone of them to continue offering our programs and services to the community. We are never surprised but always humbled by the generosity of our community.

3 Cheers for our Volunteers!

In early June we held a volunteer appreciation night to say thank you to our volunteers who have contributed their time and support to our clients and our many events. The evening was full of friendship, laughter, good food and some special awards.

We began by celebrating volunteers who achieved 5, 10, and 15 year service awards with us. Our 5-year volunteers include Lynne, Rita, and Linda. Our 10-year volunteers include Sharon, Marsha, Cathy, Barb, Shawn, Isabell, and Mary Lou. Our 15-year volunteer is Melanie. Thank you all for your years of dedication and compassion.

The Beth Donovan Hospice Volunteer of the Year Award, as chosen by our volunteers, is Victor. Victor helps in many roles including on the Board, at fundraisers, in our garden, in our resource library, and so many other ways. Victor is cheerful, supportive, and will always help to make our visions come true to best of his ability.

We are pleased to announce that this year's June Callwood Award recipient is Lois. The June Callwood Award was established in 1994 by Hospice Palliative Care Ontario and acknowledges outstanding hospice volunteers throughout Ontario. Congratulations Lois!

We also recognized long-time supporters of the Beth Donovan Hospice, Cindy and Vince Murphy from Probase Web Solutions with our Community Builder Award. Thank you, Cindy and Vince, for your support in creating and maintaining our website.

Board of Directors

Lynn Turnbull – Chair
Maureen Taylor-Greenly– Vice Chair
Peggy Vandervoort- Past Chair
Hugh Pearson - Treasurer
Rita Pettes
Victor Desroches
Linda Carnegie

BDH Staff

Sue Walker
Executive Director
Janet-lee Ferris
Volunteer Coordinator
Melissa Hill
Manager of Clinical Services
Megan Dillenbeck
Integrative Counselling Therapist
Darlene Collin
Outreach Coordinator
Amy Tibben
Outreach Coordinator



New Cindy Laneville art installed in the Labyrinth!

Upcoming Events

Caregiver Picnic at Baxter's Beach June 26th

Caregiver Ceramic Workshop on July 23rd

Caregiver Retreat at Asanda Yoga and Massage on August 20th

Art and Yoga Retreat July 28th in Spencerville for more information please contact melissa.hill@bethdonovanhospice.ca

Therapeutic Art Summer Series: Tuesdays evenings from July 9th to August 13. For more information contact: melissa.hill@bethdonovanhospice.ca

Par Fore Golf Tournament August 19th

Meditation- Sunday, Tuesday, and Thursday at 7:00 pm and Thursday at 2:00 pm – all via zoom

Community Day and Resource Fair on Saturday September 14th at the North Grenville Municipal Centre

On Horseback for Hospice Fundraiser on Sunday September 29th

Grief Support Group: Biweekly meetings August 20 Register at counselling@bethdonovanhospice.ca

ASIST Suicide Workshop October 19-20th

Rural Hospice Day in Renfrew on Friday, November 5th, 2024

For more information please call the office at 613-258-9611 program@bethdonovanhospice.ca

Beth Donovan Hospice Partners with Hospice Renfrew for Rural Hospice Day 2024

Beth Donovan Hospice is excited to announce Hospice Renfrew as the host for Rural Hospice Day 2024! Hospice Renfrew was the first rural residential hospice in the Province of Ontario, opening their doors in January 2008. They provide service to a large area including Barry's Bay, South Algonquin, Deep River, Arnprior, Calabogie, Eganville, Cobden, Pembroke, Petawawa, Chalk River and South Algonquin Township. With this large geographic area, we hope to reach many people who are passionate about rural hospice care.

This year's RHD will take place on Tuesday, November 5th at the myFM Centre Recreation Complex in Renfrew. With the theme of Bridging the Gap, we hope to explore many of the challenges experienced by rural hospice and palliative care providers such as access to resources, transportation, fundraising and more. Early bird tickets will go on sale July 8th! Stay tuned to www.bethdonovanhospice.ca

Beth Donovan Hospice connects caregivers

Caregivers take on many different roles such as emotional support, personal care, basic medical procedures, scheduling appointments, transportation, translating information, and managing financial and legal responsibilities to name a few. While many caregivers have a positive outlook on their experience, two-thirds admit they had no choice but to assume this role. Often, they are unsure of what is expected of them and find it difficult to get the resources and support they need.

Beth Donovan Hospice aims to embrace the individual experiences, expertise, and value of caregivers. We recognize that caregiving can be made easier when caregivers are connected to programs and services that support their needs.

Some recent and upcoming learning and selfcare opportunities include a "Burnout" Workshop by Anik Whyte Supports, lunch in Spencerville, a picnic at Baxter Beach, a workshop at Sandra's Ceramics in Kemptville, and a yoga retreat at Asanda Yoga.

Visit www.bethdonovanhospice.ca to view the calendar of events and discover the monthly Caregiver Coffee and supportive programs. For further details, contact Melissa at melissa.hill@bethdonovanhospice.ca or 613-258-9611 x3.

BDH showcases local resources at Community Day 2024

Community Day and Resource Fair is a free, fun, and informative event taking place on Saturday, September 14th from 10:00 am to 2:00 pm at the North Grenville Municipal Centre in Kemptville. The Day will feature exhibits, live music, a BBQ, and informative presentations on the many resources available in our community. The exhibits will highlight topics such as financial planning, home care and safety, health, recreation, travel and so much more.

Community Day will raise funds and awareness for BDH and the many programs and services provided to the community free of charge including medical equipment loans, in-home visiting volunteers, day hospice, caregiver support, and grief counselling.

For more information on this event please visit www.bethdonovanhospice.ca or call 613-258-9611. To book an exhibit booth contact amy.tibben@bethdonovanhospice.ca

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