



NEWS

Holiday 2022

A Busy Holiday Season Approaches

The staff, volunteers, clients, and friends of Beth Donovan Hospice are gearing up for a busy holiday season. Make sure you follow our Facebook page and website to keep up to date with all the holiday happenings!

The volunteers are busy in the kitchen creating traditional Christmas Puddings that will be available for sale at the **St Michael Craft Fair** along with other baked treats and crafts. The puddings come in one size and cost \$15 each.



Volunteers will also be selling baked goods and crafts at the 3rd annual **Outdoor Market** held at the Kemptville Campus on Saturday November 12th. Shop local vendors, visit with Santa and his friends, and pick up some baked goodies in support of Beth Donovan Hospice.

On Saturday November 19th look for us in the **Santa Claus Parade** as we tour through downtown Kemptville to kick off the holiday season! The Parade starts at 4:30

Stop by our table at **The Mistletoe Fair** at the Municipal Centre on Sunday November 20th to learn more about our programs and services and how you can contribute. We'll be there along with local artists, crafters, and producers from 11:00-4:00.

Our popular online auction **Everything Under the Evergreen** is returning this year. Rideau Auctions will be hosting this online event from November 21st-29th. Stay tuned for more details. Businesses and individuals interested in contributing to the auction can contact program@bethdonovanhospice.ca

Lights of Love: Shine a Light in Memory of Someone Special

Join us as we gather to remember those who are no longer with us this holiday season. The evening will consist of short readings, and live music, with the highlight being the dedication of lights on our tree. Please join us Monday December 5th at 6:30 pm at 1107 French Settlement Road. For more information and to RSVP, please contact 613-258-9611 or email counselling@bethdonovanhospice.ca

BDH Board of Directors

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Upcoming Events

Outdoor Christmas Market
Saturday November 12th
11:00 to 4:00
75 Campus Dr. Kemptville

Santa Claus Parade
November 19th at 4:30 in
Downtown Kemptville

Death Café November 20th At
Bubba and Bugs Coffee Shop
from 2:00 to 3:30

Mistletoe Fair November 20th
Municipal Centre 11:00-4:00

Natural Wreath Workshop
Tuesday, November 22
1:00-3:00 or 6:00-8:00

St. Michael Christmas Craft
Show, Kemptville Saturday,
November 26th 9:30-3:30

Everything Under the
Evergreen Online Auction
November 21st to the 29th

Lights of Love
Memorial Service
on December 5th at 6:30

Volunteer Dinner
December 7th from 5:00

Caregiver Coffee the last
Tuesday of the month
at 1:00

Book Club Wednesday
November 16th

Support and Share: A Recent
Loss Support Group. Join us
the 2nd Wednesday of every
month at 5:30

Meditation- Sunday, Tuesday,
and Thursday at 7:00 pm and
Thursday at 2:00 pm – all via
zoom

For more information please
call the office at 613-258-9611
program@bethdonovanhospice.ca



A Season for Gratitude

We are so grateful for this supportive community, including the Masons, who provided a delicious BBQ for our 30th Anniversary celebration. We were also able to host a successful Anniversary Auction. Through the support of local businesses, we raised over \$1800. We continue to receive donations in honour of our 30th Anniversary. To date we have received over \$10,000 and we are hoping to reach our goal by the end of the year. Many thanks to the businesses who sold butterflies and made donations!

Now we are thrilled to be accepting donations for our Christmas auction! The Support of our community is truly amazing! Many thanks to Rideau Auctions for hosting our online auction *Everything Under the Evergreen*.

Rideau Auctions Donates Van to Beth Donovan Hospice

We love our new van! It helps to brighten the day for many of our clients. Our volunteer drivers use the van to transport clients to the day hospice program and special events. A big thank you to Hunter and Teresa McQuaig of Rideau Auctions, who understood the importance of safe and reliable transportation for our hospice clients and donated both the van and graphics.



Therapeutic Art Series

This summer the community was invited to join a free four-week art series at the Beth Donovan Hospice. Rose-Lynne remarked "As a volunteer assisting in the first session, I was proud to see so many people show up to relax and create." Each of the four sessions had a different activity or theme including acrylic painting, mask making, reflective writing and a nature-based project. These sessions allowed us to meet new friends, exercise our inner muse, laugh, and reflect on the power of people experiencing art.

The summer series was such a success that a Fall Series was also offered with the classes running on Mondays until November 21st. The sessions are facilitated by Melissa Hill a Registered Nurse and Therapeutic Art Practitioner. Stay tuned for more Therapeutic Art offerings!

Bubba & Bugs and BDH to Host a Death Cafe

Have you ever heard of a Death Cafe? The premise is simple: people gather, drink tea, eat cake and discuss death, not to be morbid, but rather to raise awareness and to help people make the most of their lives. There is an emphasis on listening and sharing, and the focus is that life is finite, and we want to talk about that. We all have interests and concerns about bereavement, loss, grief or dying. Let's have that conversation.

We invite you to join us at Bubba & Bugs Coffee Bar on Sunday November 20th at 2:00 pm. To reserve your spot at the Death Cafe, and for more information please contact the Beth Donovan Hospice at 613-258-9611, or email counselling@bethdonovanhospice.ca

Follow us 😊

