

Annual Report

2023/24



**Embracing life's moments and providing
care and support through the journey.**

613-258-9611

bdh@bethdonovanhospice.ca
www.bethdonovanhospice.ca

1107 French Settlement Rd
Kemptville, ON
K0G 1J0

ABOUT US

We provide compassionate support and professional care to individuals and their families as they journey through the challenges of life-limiting illnesses and end-of-life transitions. Whether in a home or hospital setting, the experienced staff and trained volunteers of Beth Donovan Hospice give of themselves to ensure that the families receive the assistance, support and guidance they need.

OUR MISSION

Beth Donovan Hospice provides compassionate and professional support to individuals and their families experiencing life-limiting illnesses and end-of-life transitions.

OUR VISION

Our vision is that every person, at the end of their life, is able to live and die with dignity, respect, comfort, and community.



Meet the Team

OUR STAFF

Executive Director: Sue Walker

Manager of Clinical Services: Melissa Hill

Grief Counsellor: Megan Dillenbeck

Volunteer Coordinator: Janet-Lee Ferris

Outreach Coordinator: Amy Tibben

Outreach Coordinator: Darlene Collin

Marketing Coordinator: Emily Angel

BOARD OF DIRECTORS 2023-2024

- Lynne Turnbull, Board Chair
- Maureen Taylor-Greenly, Vice Board Chair
- Hugh O'Neill, Treasurer
- Linda Carnegie, Board Member
- Cindy Desjardins, Board Member
- Victor Desroches, Board Member
- Lise Kreuger, Board Member
- Rita Pettes, Board Member

A Message from the Board

May 2024

It is hard to believe another year has passed! Another spring brings new anticipation of great things ahead for the Hospice and the community. The Board has been working diligently to support Hospice operations, to ensure governance is strong, and to build community relationships.

The amazing staff and volunteers have been working hard and delivering some wonderful programs to our community. From Day Hospice, Therapeutic Art, and Equipment Lending, to Bereavement Counselling and support, In-home Visiting, and community functions, our staff and volunteers have been very busy. We have to offer a sincere thank you for the efforts and dedication we see each day.

Sue and her staff have been doing some great work and have been awarded a number of grants which have allowed for expanded services.

Many events were held, fundraisers planned, and opportunities set to enhance our participation in community events. It is through this awareness that we also have to offer a huge thank you to all of our donors and supporters. Every dollar is important to us. We could not do what we do without you!

We are looking forward to a great year ahead and being able to further support our community.

Sincerely,

Lynne Turnbull -Chair, Board of Directors for Beth Donovan Hospice

Executive Director's Report

This past year has seen the return to our new normal. It was the first full year of no Covid restrictions where we were allowed to gather without fear and feel “normal” again. We welcomed back large gatherings and hosted our most successful Rural Hospice Day to date with over 180 attendees. This past year we welcomed a new staff member, Darlene Collin who is a well known member of the community having owned and operated several businesses in the area and most recently operated My Local Markets during Covid. Darlene has brought a wealth of social media and branding knowledge to the team, and we are fortunate to have her on our team.

We had a very successful year in obtaining grants and thanks to the Trillium Foundation we were able to pave our driveway to increase accessibility for clients and volunteers. The Outcare Foundation supported funds to hire an Outreach Coordinator, to purchase a centerpiece for our labyrinth and continue to fund our Rural Hospice Day. The Red Cross provided funding to recover from Covid and the Municipality of North Grenville continues to fund an extra day for our Grief and Bereavement counsellor. Also, thanks to Capital Memorial Foundation for supporting the purchase of new medical equipment to replace some of the equipment that has reached the end of its life cycle.

We are truly blessed to have our Organization in such a caring supportive community. Each time we reach out to ask for assistance we are always met with so many offers of help. Personally I would like to thank all of the wonderful volunteers that make our hospice great! We could not do what we do without each and everyone of you. I would also like to thank the staff for all of their hard work and dedication to getting us to where we are today. It is a privilege to work with each one of you every day.

Sue Walker, Executive Director

A Year in Review

Day Hospice

- The day hospice program saw an average of 11 clients per week
- The weekly schedule saw a wide variety of activities and entrainment which included:

Yoga	Poetry Reading	Puppy Visits	Dance Movement Therapy	Reading
Massage	Pen Pals	Bonfires	Puzzles	Bonfires
Mediation	Themed Meals	Musical Guest	Bunny Visits	Memorial Service
Arts and Crafts	Holiday Activities	Games, Cards	Guest Speakers	Trivia
Gardening	Mini-Horse Visits	Footcare		

- Day Hospice clients were treated to 6 field trips

North Dundas Movie Theatre

North Grenville Bowling

Tibben Farm Visit

Kemptville Campus Greenhouse

Friends in Sportfishing-Boating and Fishing Trip

Big BaNG African Drumming Concert

Clinical Assessments

- The Hospice nurse completed 52 assessments and reassessments
- Continued to attend weekly rounds at the Kemptville District Hospital

Caregiver Supports

- The monthly “Caregiver Coffee” support group had an average of 9 attendees each month
- Took caregiver coffee on the road to support other regions in the catchment. This included an ice cream trip to Merrickville
- Caregivers were offered additional services which included the following:

Saltastic Spa Retreat which included therapeutic sound, salt therapy room and reiki

Yoga & High Tea retreat with Asanda Yoga

Yoga with Diana for Caregivers

Therapeutic Art Program



A Year in Review

Community Involvement

- The book club hosted a book discussion with Author Frances Itaini “The Company we Keep” in Merrickville, ON
- Participated in parades in our catchment. Fall Spencerville parade, North Augusta Fall parade, Manotick Christmas Parade and Kemptville Christmas Parade
- Therapeutic Art Group participated in the NG Art Guild Art Show
- Setup information booth at a variety of events and markets: Poutine Fest, Merrickville Fall Market, Outdoor Christmas Market, St. Micheals Christmas Market, Spencerville & Cardinal Free Skates
- Hosted a networking open house for community service providers at Beth Donovan Hospice



Fundraising

- Hike for Hospice 2023 raised \$9500
- The Taste Of Hospice event sold out and raised \$5600
- Everything Under the Evergreen Online Auction raised \$12,500 almost double what was raised in the prior year
- Hosted the Seniors 55+ Expo in June which raised \$5000
- Hosted a new event in September Harvest for Hospice \$2900
- Additional funds raised through craft sales, Christmas puddings, and tourtière sales
- 3rd Party Fundraisers from The Pigeon Family BBQ Raised \$3600 and on Horseback for Hospice, which raised \$9910

Media & Promotion

- Published a quarterly newsletter that was distributed via email, the BDH website and was available in a printed format.
- Regular appearances on Your TV: FYI with Kathy Botham to showcase hospice events and programs.
- Published regular articles in the Merrickville Phoenix, NG Times, Fishwrapper and the Kemptville Advance
- Vinyl Cling were designed and distributed throughout the community.
- Operation Cookie Drop: Packages were distributed to doctors offices
- New vertical banner was created, as well as updated grief and bereavement brochures

A Year in Review

Grief and Bereavement Programs

- An average of 19 clients per month were supported through one-on-one counselling
- Hosted our first ever Pet Loss Support Group, led by trained bereavement volunteer
- Added new programming which included:
 - Restorative Yoga, meditation and Sound therapy
 - Equine Therapy through Equi-Soul and Rideau Breeze Stables
 - Music therapy
 - Virtual art therapy series
- Thanks to an Outcare grant the labyrinth and garden received a new labyrinth sign, lookout materials, cantilever umbrella, cedar hedging and a live edge installation.
- Hosted the Lights of Love remembrance gathering & a Butterfly Memorial Release
- Continued bereavement programming which included walking group, guided journaling, support group and weekly online mediation group.

Volunteers

- Held 3 hybrid training sessions and added 8 active volunteers
- 3 Volunteer appreciation events were held
- Volunteers gave a total of 3753 hours to Beth Donovan Hospice
- We had many volunteers reaching milestones in volunteer time.



Medical Equipment lending

- 503 pieces of medical equipment was lent out in the community.
- Thanks to a \$2500 grant from Arbour Memorial we were able to replace some medical equipment
- This year saw 1/2 of a shipping container of soft supplies be sent to Africa and Cuba with the help of the MAC group.



JUNE CALLWOOD VOLUNTEER AWARD

Peggy Vandervoot

2023

BDH VOLUNTEER OF THE YEAR

Shawn Tobin



INDIVIDUAL COUNSELLING

227 Counselling
Sessions

41 individual clients served



CLINICAL ASSESSMENT

52 Clinical assessments/
re-assessments this year



CAREGIVERS SUPPORTED

28



BEREAVEMENT SUPPORT GROUPS

126 Visits

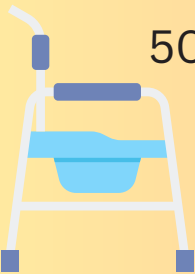
32 Participants



4 SEASONAL THERAPEUTIC ART PROGRAMS

49 Participants over 4 sessions

EQUIPMENT LENDING



503 pieces of equipment
lent out to the
community

Most In-Demand:
Commodes

VOLUNTEERS

3753 hours donated by
63 volunteers



IN-HOME VISITING



23 In-home
visiting clients
served



TRANSPORTATION



17058 km

driven by volunteers

The Year in Pictures



Special Events 2023



Butterfly Memorial

Beth Donovan Hospice was grateful to host our first Butterfly Release Memorial Event in July 2023, thanks in large part to a generous grant provided by the OutCare Foundation. Over 60 people from our Hospice community and the larger community participated and 50 individual butterflies were released by guests in memory of loved ones.

Guests were offered flower seeds to be planted in loving memory and were also invited to write wishes for loved ones on paper butterflies which were hung in our backyard gazebo. Guests had the opportunity to enjoy live music, poetry, homemade refreshments, and the beautiful backyard gardens.

Rural Community Hospice Day

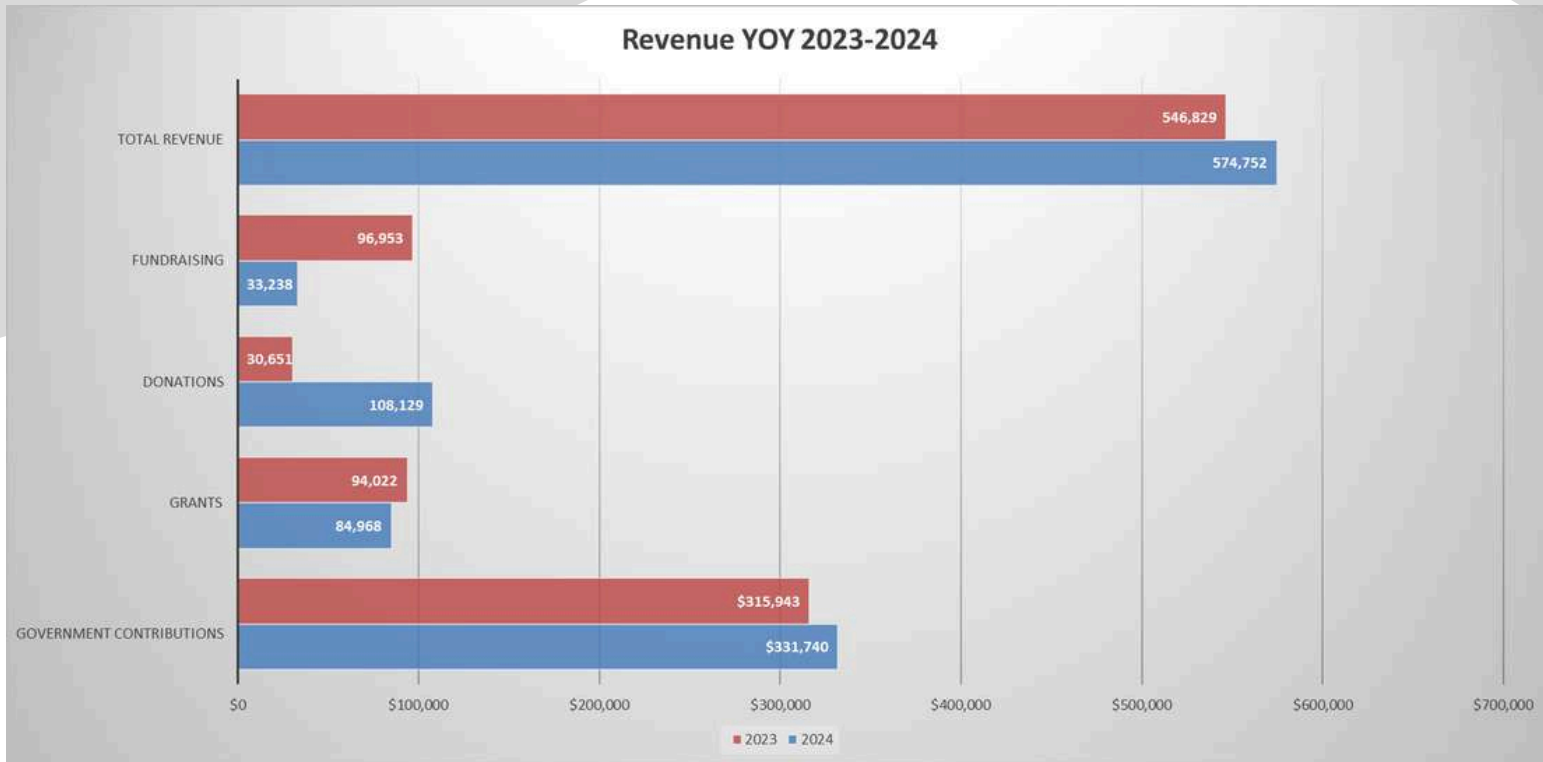
In October, the 2nd Rural Community Hospice Day, co-hosted with Home Hospice North Lanark, was a significant success, attracting over 180 attendees. Held in Carleton Place, this event brought together rural hospices, community members, volunteers, and caregivers to share and learn about hospice care in rural settings.

A number of speakers presented valuable insights, including a compelling panel discussion featuring perspectives from both volunteers and clients. The highlight of the day was the keynote address by David Kennedy, Palliative and Bereavement Educator, whose inspiring words resonated deeply with everyone present. His speech, "Hospice: Threads in the Fabric of the Community," emphasized the importance of compassionate care and community support in hospice services.

The event fostered a sense of unity and shared purpose, reinforcing our commitment to providing exceptional hospice care in rural communities.



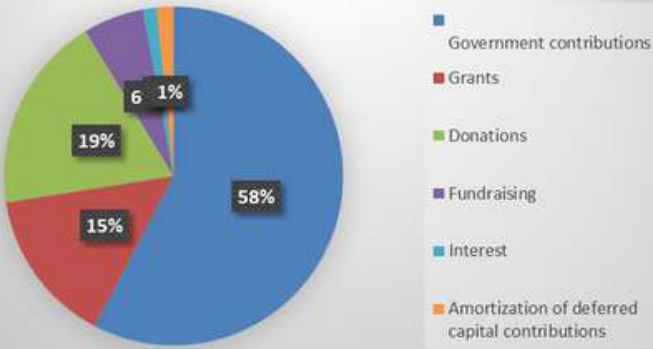
Financials



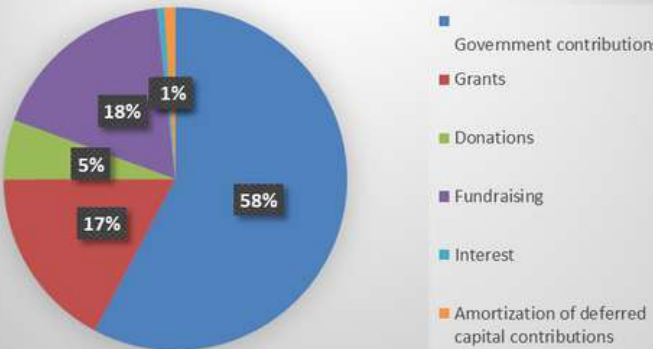
Financials

Revenue Stream YOY

Revenue 2024

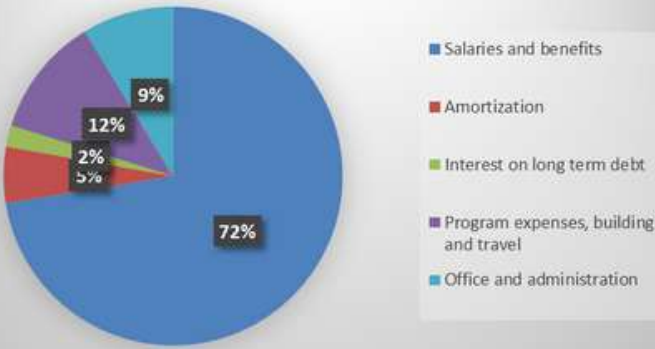


Revenue 2023

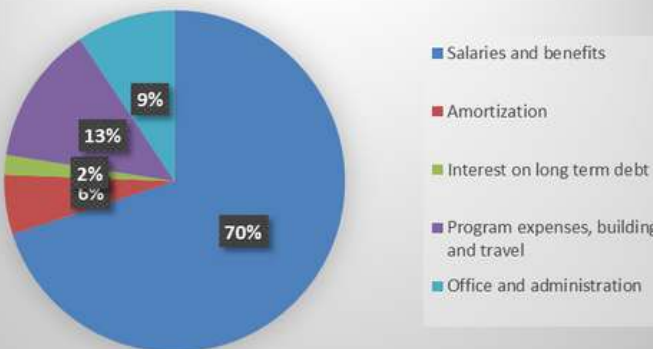


Expense Distribution YOY

Expenses 2024



Expenses 2023



Funders



Partners and Supporters

